

ARIZONA RECREATION CENTER

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ARCH...AZ REC...What do these mean?

Created in 1975, ARCH (Arizona Recreation Center for Handicapped) is a private, not-for-profit organization which offers a full range of indoor and outdoor programs for the mentally challenged, physically impaired and emotionally handicapped children, teens and adults. ARCH is the only facility of its kind in the State of Arizona, and one of only three such organizations in the entire nation.

Programming at ARCH seeks to challenge participants to realize their individual potential as contributing members of society. In addition to basic programs in Special Olympics training, art, drama, music, cooking, money management, independent living, adaptive aquatics and physical fitness, ARCH's professional staff has developed new programs and services which promote emotional well-being, help develop self-expression and self-esteem, and encourage creativity and independent thinking. Additionally, educational out-reach programs help to communicate the realities of being handicapped to non-handicapped individuals.

Serving almost 350 participants each week and over 5,000 handicapped and 25,000 non-handicapped individuals each year, ARCH makes a unique, but strong and lasting contribution to not only those thousands served since 1975, but also to many aspects of our society which, hopefully, learns about and experiences the very real world of handicapped individuals.

Recognizing the growing needs of the youth within inner city Phoenix, ARCH expanded to include AZ REC (Arizona Recreation Center) in the fall of 2005. AZ REC is currently serving the needs of youth through the avenue of basketball.

AZ REC would like to thank Official League Sponsors
for their gracious and continued support.

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